

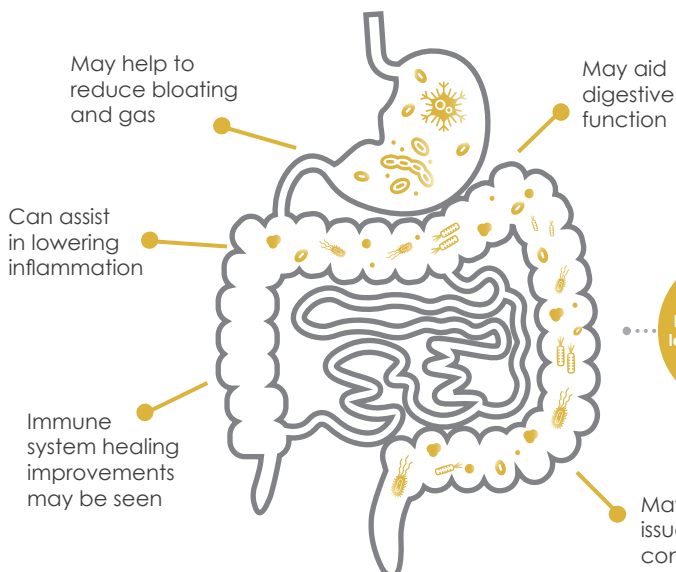


## Fermented Herbal Extract (FHE) naturally helps with:

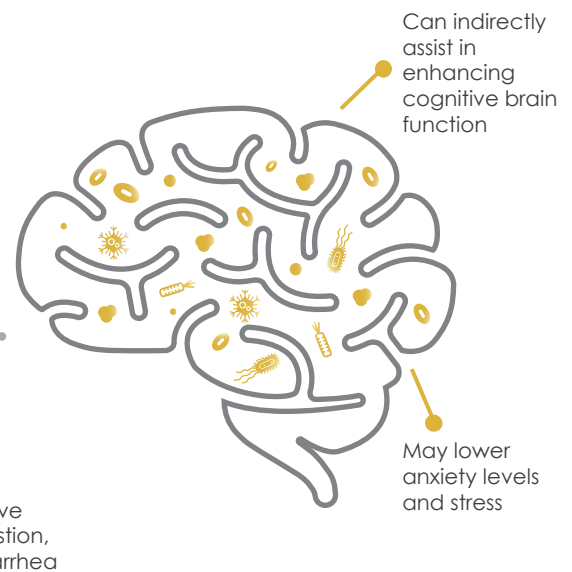
- ✔ Promoting beneficial microbial gut flora
- ✔ Aiding digestion and assists to reduce bloating
- ✔ Strengthening the immune system and body's natural defences

**Multikraft Probiotics** is a world leader in multi strain microbe technology, having commercially produced Fermented Herbal Extract (FHE) for over 20 years. FHE Gold contains a range of good bacteria including various Lactobacillus species and yeasts such as Saccharomyces Cerevisiae and is fermented with various other beneficial herbs.

### Gut Health



### Mental Health



Improved Gut health may also lead to improved mental health

### Herbal Fermentation

Symbiotic fermentation is the process where multiple organisms (yeasts, acetic acid bacteria, lactic acid bacteria and others) interact to allow the active compounds from herbs to express their true biological nature.

- Symbiotic fermentation process helps to unlock active compounds from each botanical.
- Fermented botanicals offer a broad range of nutrients.
- Assists in creating a favourable gut environment that may contribute to overall health improvements.
- May allow for improved gastrointestinal functions, including a more efficient immune system and better resistance to everyday stresses.